





# 2022-2023 HAMTRAMCK RECREATION DEPARTMENT FALL/WINTER GUIDE

PARKS-EVENTS-PROGRAMS-SPORTS-AND MORE

# Hamtramck Public Schools

# WE'LL BE CLOSED

**Thanksgiving:** Thursday, November 24, 2022 - Friday, November 25, 2022

Winter Break: Monday, December 26, 2022 - Tuesday, December 27, 2022

Winter Break: Monday, January 2, 2023 - Tuesday, January 3, 2023

MLK Day: Monday, January 16, 2023

Mid-Winter Break: Monday, February 20, 2023

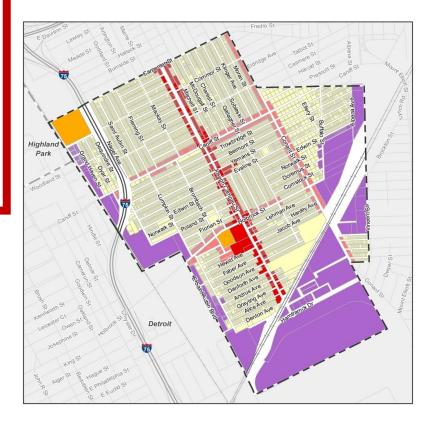
# DO NOT LET A GOOD PROGRAM GET CANCELLED

Don't wait until the last minute to register. At some point we need to make a decision about programs that have low participants. We reserve the right to combine or cancel classes. We don't know your intentions if you don't register!

Scan Me



IF YOU LIVE OUTSIDE OF THE DOTTED LINE BOUNDARIES ON THE MAP BELOW YOU ARE CONSIDERED A NON-RESIDENT.



PROGRAMS AND EVENTS ARE SUBJECT TO CHANGE WITHOUT NOTICE. FOR THE MOST UP TO DATE INFORMATION FOLLOW US ON FACEBOOK OR INSTAGRAM.

# Fees and Policies

Business Hours: Monday - Friday 8:30 a.m. - 10:00 p.m.

# WHO RECEIVES THE RESIDENT RATE?

- ⇒ Lives in Hamtramck OR
- ⇒ Enrolled in a Hamtramck Public School OR
- ⇒ Works in the Hamtramck Public School district

Proof of residency, employment, or school enrollment is required. Only the person who lives in Hamtramck, or attends/works in the HPS district benefits from the resident rate.

# **REFUND POLICY**

- Full refund will be given if a program is cancelled by the department. You must collect your funds or use it as a credit within two weeks of being notified.
- Refunds will be issued up until the day before a program starts less a \$5 administration fee, which can be used as a credit to enroll in another program if used the day refund is given.
- Any program less than \$10 will not be issued a refund at any time.
- Refunds for field trips will only be given one (1) week prior to scheduled trip date
- Refunds will not be issued after the start date of a program
- Refunds are not given if class is cancelled due to weather, school closings, or scheduling conflicts. The department will do its best to offer make-up classes.

# **FITNESS CENTER AGES 16+**

Offers free weights, weight machines, ellipticals, treadmills, and exercise bikes. Proper workout attire is required for the fitness center. The department has the right to refuse anyone who is inappropriately dressed. Ages 16-17 (with membership) must be accompanied by an adult.

10-Class Punch card	\$35.00	(with	membership card)
Aerobic Classes	\$5.00/class	Sauna	\$1.00/entry
Seniors Residents (Ages 50+)	Free	Yearly	\$100.00
Non-Residents (All Ages)	\$10.00	Monthly	\$20.00
Residents	\$7.00	Daily	\$2.00
(required for building access):		(members only	<b>'</b> ):
Yearly Memberships Fees		Fitness Cente	r Fees

# Adult Fitness & Leagues

# **FITNESS CLASSES:**

Join these energetic, upbeat aerobics classes that is sure to get your body moving. A great workout for all levels of fitness enthusiasts, these classes combine cardiovascular training and toning exercises, for a superior total body workouts!

Classes are year-round | Ages 16+ | 6:00 p.m. - 7:00 p.m. | \$5/class or \$35/ten-classes

# Hustle

### Mondays Learn old and new line dances. All skill levels welcomed.

# Step Aerobics

Tuesdays Burn fat, sculpt muscles, and improve balance and agility in one workout!

# Glutes and Abs Cardio Tone

Wednesdays Come to feel the burn with 20 minutes of Glutes, 20 minutes of Cardio, and 20 minutes of Abs

**Thursdays** This bench step class sculpts your lower body as it strengthen's your heart and builds bone mass.

# Men's Basketball League

Includes team t-shirt. Team responsible for the referee fees each game Thursday, January 26, 2023 \$300 per team + ref fees Games 6P-10P Call (313) 892-2636 for more information for to sign up.

# 7099 new

Mondays 5:15 PM, 5-week session \$45 residents \$55 non-residents Session 1: Week of September 12 Session 2: Week of October 17 Class is held at the lyengar Yoga Center 2321 Caniff Street, Hamtramck, MI 48212

# COURT SPACE (BASED ON AVAILABILITY)

Call the Community Center to reserve a court. (313) 591-7402 Option 3 or 4. Payment is due upon arrival.

### **Private Courts**

(9:00 a.m. - 9:30 p.m.) \$7.00 per hour

Can be reserved for walleyball, racquetball, badminton, yoga, dance, and other sport and fitness activities.

### **Basketball Courts**

(6:30 p.m. - 9:30 p.m.) \$5.00 per person for 2 hours

Can be reserved for basketball, soccer, cricket, pickleball, and other sport groups.

# Special Events

# **FALL HARVEST**

Come out and enjoy the fall season in one of our great parks. Enjoy some donuts and cider, crafts, hayrides, a petting farm and pony rides. There will also be a pumpkin patch, where you can pick out a pumpkin and decorate it. Rain or shine

<b>Date</b>	Day	Time	Fee	Age	Location
9/30	Fri	4:30P-6:30P	Free	All	Pulaski Park
			Pumpkins (\$)		

# **PUMPKIN PLUNGE**

We have plenty of pumpkins that mysteriously grew in the pool! Help us get them out and take them home to carve.

Date Day	Time	R/NR Fee	Age	Location
10/20 Th	6P-7:30P	\$3/\$4	Under 15	HS Pool

# HALLOWEEN TRUNK OR TREAT

Enjoy decorated vehicles, and trick or treat for tasty sweets in a safe family friendly environment. Costumes Encouraged. Vehicle registration is required. Call the Community Center to sign-up as a host car. Must provide your own goodies.

<b>Date</b>	Day	Time	Fee	Age	Location
10/27	Th	5P-7P	Free	All	<b>HS Parking Lot</b>

# **WINTER GLOW**

Get in the spirit of winter with horse and buggy rides, crafts, ice sculptures, and hot cocoa.

<b>Date</b>	Day	Time	Fee	Age	Location
1/21	Sat	TBA	Free	All	Community Center

# **FAMILY FUN DAY**

<b>Date</b>	Day	Time	R/NR Fee	Age	Location
3/4	Sat	TBA	TBA	All	Community Center

Each person must ride the bus to and from the destination. Limit 4 tickets/family. Non-Residents can register two (2) weeks <u>AFTER</u> the initial registration date. All trips depart from the Community Center unless otherwise noted.

# **BLAKE'S ORCHARD**

**Register Now!** Includes wagon ride, apple picking, pie pumpkin, and lunch.

Saturday, October 15, 2022 Time: 9:00 a.m. - 3:00 p.m. Location: Armada, MI \$20 residents

\$30 non-residents (Registration starts Sept 19)

## FLINT CHILDREN'S MUSEUM

**Registration starts September 12, 2022** Ideal for ages 0-8 years old

Saturday, November 5, 2022 Time: 10:00 a.m. - 3:00 p.m. Location: Flint, MI

\$4 residents

\$5 non-residents (Registration starts Sept 26)

# **JURASSIC WORLD LIVE**

Registration starts September 19, 2022

Friday, November 18, 2022 Time: 5:45 p.m. - 10:00 p.m. Location: Little Caesars Arena, Detroit, MI \$15 residents \$25 non-residents (Registration starts Oct 3)

## NEW YORK SHOPPING TRIP ENCORE

**Registration September 26, 2022** Ages 21+, Turnaround trip, no lodging

Friday, November 25 - Sunday, November 27, 2022

Time: TBA, bus departs Friday evening

Location: New York, NY

\$105 residents

\$115 non-residents (Registration starts Oct 10)
Bus departs from the Senior Plaza, 2620 Holbrook

# CHRISTMAS VILLAGE AT HUCKLEBERRY RAILROAD

**Registration starts October 3, 2022** Buffet dinner, train ride. Bring cash for activities

Saturday, December 17, 2022 Time: 2:30 p.m. - 10:00 p.m. Location: Flint, MI \$25 residents

\$35 non-residents (Registration starts Oct 17)

# Family Trips

## SPLASH VILLAGE WATER PARK

Registration starts October 17, 2022.

Indoor water park. Includes lunch

Saturday, January 14, 2023 Time: 9:00 a.m. - 5:00 p.m. Location: Frankenmuth, MI

\$30 residents

\$40 non-residents (Registration starts Oct 31)

# **RED WINGS VS CANUCKS GAME**

Registration starts November 7, 2022

Upper bowl seats

Saturday, February 11, 2023 Time: 11:00 a.m. - 4:00 p.m.

Location: Little Caesars Arena, Detroit, MI

\$30 residents

\$40 non-residents (Registration starts Nov 21)

## **DISNEY ON ICE**

Registration November 28, 2022

Saturday, Feb 18, 2023

Time: TBA

Location: Little Caesars Arena, Detroit, MI

\$20 residents

\$30 non-residents (Registration starts Dec 12)

## **PISTONS VS MIAMI GAME**

Registration Starts January 9, 2023

Upper center seats rows 1-4

Sunday, March 19, 2023 Time: 4:45 p.m. - 10:00 p.m.

Location: Little Caesars Arena, Detroit, MI

\$25 residents

\$35 non-residents (Registration starts Jan 23)

The trips on this page are worth \$442

Due to the millage renewal your price is \$274

You Save: \$168| Your Recreation Millage Dollars At Work

# Youth Programs

# Register Now

All programs are co-ed unless otherwise noted

# **TAEKWONDO**

\$20 residents/\$30 non-residents, Ages 7+, Tues & Thurs

Season	Date	Time	No Class
Fall I	9/20-10/13	5:30P-7:30P	
Fall 2	10/18-11/10	5:30P-7:30P	
Fall 3	11/15-12/8	5:30P-7:30P	11/24
Winter I	1/17-2/9	5:30P-7:30P	
Winter 2	2/14-3/9	5:30P-7:30P	

# **OPEN BASKETBALL**

Bring your own ball, Free, Ages 9-18

Season	Date	Day	Time
Fall	10/3-10/26	M-W	5P-6:30P
Winter Break	12/28-12/30	W-F	12P-4P
Winter Break	1/4-1/6	W-F	12P-4P

# **CHEERLEADING**

### Register by Wednesday, October 19

Six (6) weeks. Includes practice t-shirt. Showcase performance during the last class on 12/8

\$20 residents/\$25 non-residents

Grades	Date	Day	Time
K-3rd	10/27	Th	3:30P-5P

# **TUMBLING**

### Register by Wednesday, October, 19

Six (6) weeks. Includes practice t-shirt. Showcase performance during the last class on 12/8

\$20 residents/\$25 non-residents

Grades	<b>Date</b>	Day	Time
K-3rd	10/27	Th	5P - 6:30P

# JR. PISTONS BASKETBALL LEAGUE

Includes jersey and basketball for each player. Practice and games on Saturdays at the Community Center. \$20 residents/\$30 non-residents, Ages 8-13

Date	Day	Time
1/28-3/25	Sat	1:00P

# **SOCCER CLINIC**

\$15 residents/\$25 non-residents, Ages 6-12

Season	<b>Date</b>	Day	Time
Winter	1/28	Sat	TBA

# DANCE

\$30 Residents | \$40 Non-Residents, Ages 6-13

**Fall**: September 16 - November 18 **Winter**: December 2 - February 24

Spring: March 3 - May 19

No Class: 12/23, 12/30, 1/6, 4/7

Class	Day	Time
Ballet	Fri	7:30P
lazz/Hip Hop	Fri	8:15P

### **Dance Dress Code**

**Ballet:** Black, short sleeve leotard with no skirt attached. Pink full footed ballet tights. Pink ballet shoes (no particular brand required).

**Jazz-Hip Hop & Tap:** Black leotard with black or tan tights or a form fitting camisole top with jazz pants Black slip on jazz shoes.

# Ages 55+ All trips leave from the Hamtramck Senior Plaza unless otherwise noted 2620 Holbrook Ave, Hamtramck, MI 48212

## **SENIOR KICK FIT**

Fitness class tailored for seniors. Ongoing Yearround. No registration required.

Day	Time	Fee	Age	Loca	tion
MWF	8.304-9.3	Free	55+	CC	

## HOLIDAY BRUNCH

Off-site, prizes, and a gift for each attendee. Restaurant TBA. Limited space. Register by **December 2, 2022.** 

Date	Day	Time	Fee
12/10	Sat	TBA	TBA

### JACK'S CASINO-CLEVELAND **CIRQUE DU SOLEIL**

5 hours game play and \$10 free play coins. Motor coach transportation

Thursday, October 13, 2022 7:00 A- 8:00 P \$35 res/\$45 non-res Cleveland, OH

## **TOLEDO ZOO**

### Includes \$10 towards concessions

Wednesday, October 26, 2022 9:00 A - 3:00 P \$5 res/\$8 non-res Toledo, OH

## **FORD HOUSE TOUR**

**Edsel and Eleanor Ford House** Tour w/Lunch on the estate

Enjoy lunch on the property Wednesday, November 9, 2022 10:00 A - 2:00 P \$TBA res/\$TBA non-res Grosse Pointe Shores, MI

More trips may be added periodically throughout the months. Stay tuned. Call to join our mailing list. (313) 591-7402 option 3 or 4

Cirque Du Soleil "Twas The Night Before Christmas" show at the amazing Fox Theatre. First row balcony seats

Sunday, December 18, 2022 11:00 A - 3:00 P \$40 res/\$50 non-res Fox Theatre, Detroit, MI

## **CASINO-TBA**

Casino and package to be announced

January 2023 Time: TBA \$TBA res/\$TBA non-res Unknown

# **DETROIT INSTITUTE OF ARTS**

I hour guided tour of the museum and Entrée, drink, dessert lunch at local restaurant

February 2023 8:30 A - 2:00 P \$15 res/\$25 non-res Detroit, MI

The trips on this page are worth \$175 Due to the millage renewal your price is 100 You Save: \$75| Your Recreation Millage Dollars At Work



# Pool Policies

# SWIM CARDS (REQUIRED FOR SWIM LESSONS)

### **REPLACEMENT CARDS \$5**

### Resident Yearly Swim Cards

Youth Ages 5-17 \$15.00 Adult \$25.00 Seniors 55+ Free

### **Non-Resident Yearly Swim Cards**

Youth Ages 5-17 \$25.00 Adult \$45.00 Seniors 55+ \$25.00

# OPEN SWIM/ADULT LAP DO NOT NEED A SWIM CARD

### Resident

Drop-In Open Swim & Family Swim Youth (5-17) \$1.00/hour Adult (18-54) \$2.00/hour Seniors 55+ Free Water Aerobics (16+) Drop-In \$5.00/person

### **Non-Resident**

Drop-In Open Swim & Family Swim Youth (5-17) \$3.00/hour Adult 18+ \$5.00/hour Drop-In Water Aerobics (16+) \$5.00/person

# **RESIDENT ONLY REGISTRATION**

8:30 A.M. - 12:00 P.M. on the first day of registration Resident ..... \$15/session

Non-Resident ..... \$25/session

# Before You Register

Swim cards can be purchased the Monday (or any day) before registration day (Tuesday). Child must be present for picture.

# To Register

You must have a swim card to register. No swim cards will be issued on registration day (Tuesday). No exception.

# Make-Up

Missed swim lessons (personal or holiday) can be made up on Fridays at 6:00 PM.

# Family Swim

All members must wear swim attire and participate in the pool. Youth must be accompanied by an adult 18 years or older

# Water Aerobics

Follows the swim lessons schedule. Must register for a session.

# Pool Schedule

# SCHEDULE BEGINS MONDAY, SEPTEMBER 19, 2022

SWIM LESSONS							
		OPEN SWIM		22012212101111			
						REGISTRATION WI	EEKS**
	Level I	Level	1			(starts September 12	, 2022)
	Mon		5:00 PM	Open Swim - Ages 5-17			
	Wed		5:00 PM	Mon - Fri	3:30 PM	OS - I2 & Under	
					5.50 111	Mon - Fri	3:30 PM
	Level 2	Level	2	Open Swim - Women/Girls	s*		
	Mon		5:00 PM	Mon	6:00 PM	OS - 13 & Over	
	Wed		5:00 PM	Fri	5:00 PM	Mon - Fri	4:30 PM
					3.00 111	Family Swim	
	Level 3	Level	3	Family Swim		Mon, Wed, Fri	6:00 PM
	Tue		5:00 PM		6:00 PM		
	Thurs		5:00 PM		0.00111	Lifeguard Training	g
						Tue & Thurs	6:00 PM
	Level 4	Level	4	Water Aerobics			
	Tue		5:00 PM	Tue, Wed, Thurs	6:00 PM	Adult Lap	
	Thurs		5:00 PM			Mon - Fri	7:00 PM
	Tituls		3.00 111	Adult Lap			
	Make-Up			Mon-Fri	7:00 PM	OS is 1 hour	
	Fri		6:00 PM			OS = C	pen Swim
			3.00	*Male lifeguards may be on d	uty.		

Session Registration Weeks**		Session Start Dates	No Class
Fall I	Tuesday, September 13	September 19 - October 14	
Fall 2	Tuesday, October 11	October 17 - November 11	
Fall 3	Tuesday, November 15	November 28 - December 22	12/23
Winter I	Tuesday, January 10	January 17 - February 10	1/16
Winter 2	Tuesday, February 14	February 21 - March 17	2/20
Spring I	Tuesday, March 21	April 3 - April 28	4/7

Seating area will be closed to spectators

# Hamtramck Recreation Department

# HAMTRAMCK HIGH SCHOOL COMMUNITY CENTER

11350 Charest Street

Hamtramck, MI 48212

Phone: (313) 591-7402 Option 3 or 4

Fax: (313) 893-4870

ccdeskstaff@hamtramckschools.org

# **BOARD OF EDUCATION**

Nabil Nagi, Interim Superintendent
Salah Hadwan, President
Showkat Chowdhury, Vice President
Moortadha Obaid, Treasurer
Daz'Shavon Hall, Secretary
Regan Watson, Trustee
Evan Major, Trustee
Jihan Aiyash, Trustee

# VISIT OUR PARKS

Pulaski Park 9625 Lumpkin

Karpinski Playscape 3201 Roosevelt

Early Childhood Play Area 11680 McDougall

> Kosciuszko Play Area 2333 Burger

Dickinson East Play Area 3385 Norwalk

Holbrook Play Area 2361 Alice

# DEPARTMENT STAFF

Craig Daniels, Director
D'Juana Jackson, Coordinator
Dottie Sikula, Secretary
Kevin Bell, Maintenance & Grounds

